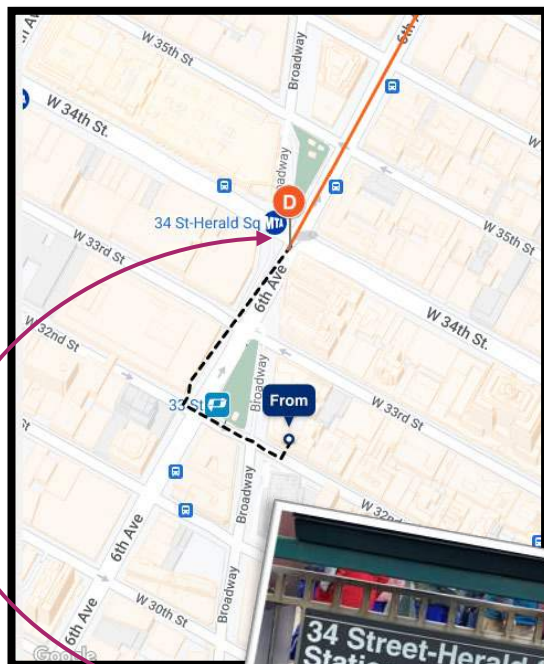
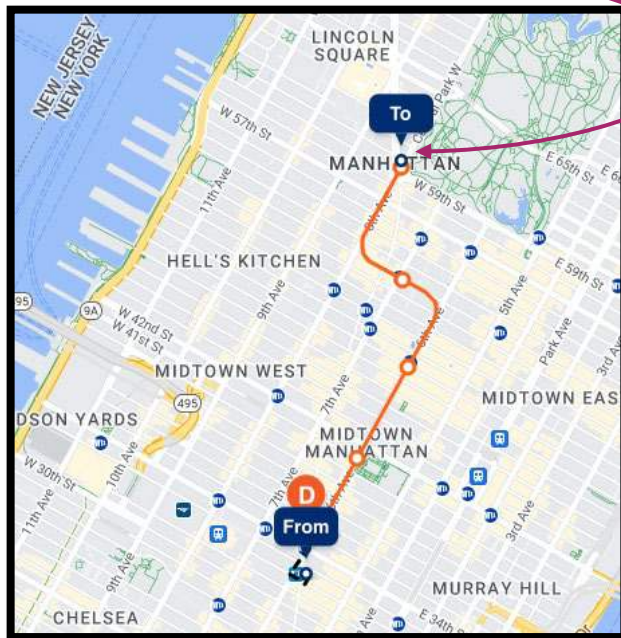


# Saturday 21 September, 2024 Adventure to Central Park

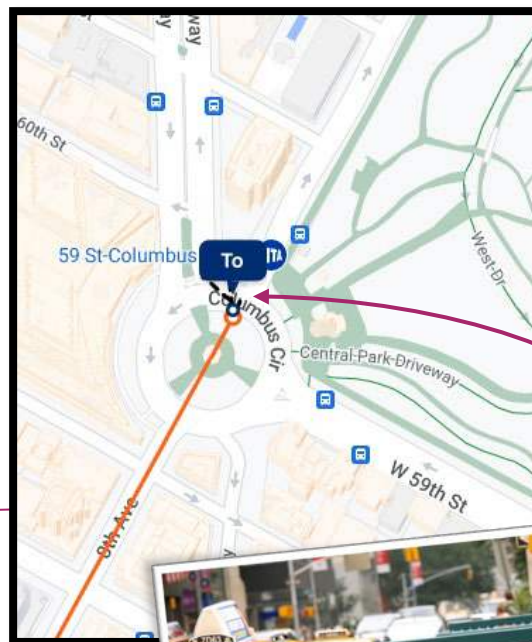
## 2. Walk from the Martinique Hotel to Herald Square



## 1. Central Park, New York City



## 3. Get off the train at 59 St-Columbus Circle

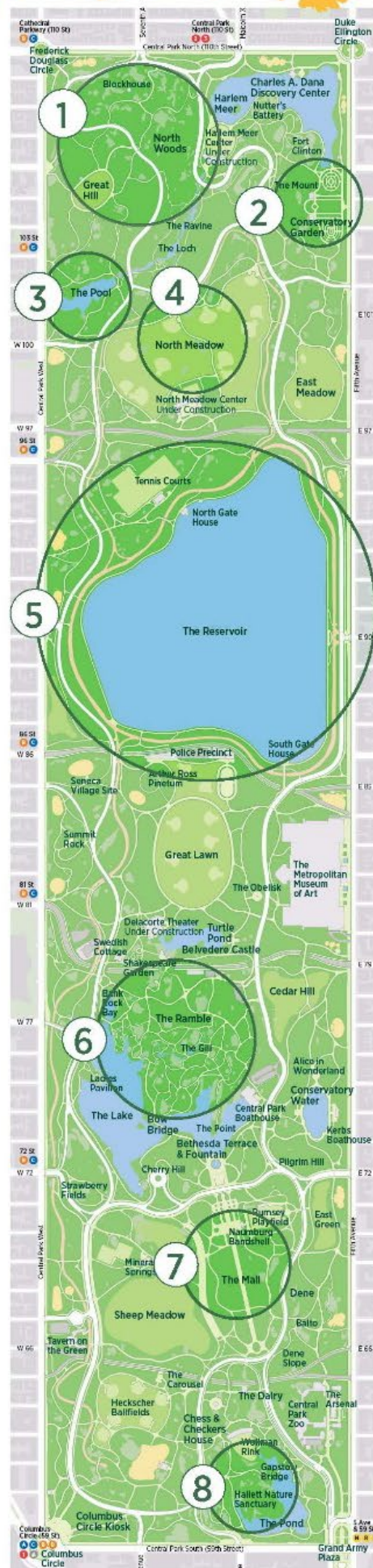


1. We're heading to Central Park, NYC for a nice late afternoon/evening walk and sight seeing
2. It's a quick walk **from** The Martinique Hotel to Herald Station where you will catch the **D Train**
3. When the train gets to 59 St-Coloumbus Circle Station, it's your turn to exit the train. From here, you will be at the South Entrance of Central Park
4. To receive a live update where the walkers are walking for [24 The Planet](#), please send a Whatsapp message to +16468675732 so you can be added to the live tracker where they are walking in the park.



TIME	WHAT	WHERE
2:30 PM	Check in 24 hour walkers	HQ
3:30 PM	Walk to Meeting point	Meeting Point
3:40 PM	Presentation Justdigitt	Meeting Point
3:50 PM	Welcome by Adriaan Kolff	Meeting Point
3:55 PM	Photo in Central Park	Photo in Central Park
4:00 PM	Start!!	Central Park
8:30 PM	Sushi by Fushimi	Meeting Point
10:00 PM	Central Park quiz by Ted Merz	Meeting Point
11:00 PM	Mobility Bar stretch with Madeline Garcia	Meeting Point
12:00 AM	Midnight snack	Meeting Point
12:30 AM	Music quiz	Meeting Point
1:00 AM	Breathwork with Charles Jing	Meeting Point
2:00 AM	Dress up round	HQ
4:00 AM	Halfway celebration	Meeting Point
4:15 AM	Group photo	Central Park
5:00 AM	Group stretch	Central Park
6:00 AM	Breathwork with Charles Jing	Meeting Point
7:30 AM	Energy Up	Meeting Point
9:00 AM	Breakfast by Amy's Bread	Meeting Point
10:00 AM	Coffee moment	TBD
11:00 AM	Mobility Bar stretch with Madeline Garcia	Meeting Point
12:00 PM	4 more hour moment	Meeting Point
1:00 PM	Picnic by Yesbabe	At the Turtle Pond
14:00 - 16:00	Music!	Meeting Point
3:00 PM	Ice cream	Central Park
4:00 PM	Finish!!	Sheep Meadow
4:00 - 6:00	Drinks and bites	Sheep Meadow

CENTRAL PARK FALL FOLIAGE MAP



- 1. NORTH WOODS**  
West Side to Mid-Park from 101st to 110th Street
- American Elm (yellow)
  - Black Cherry (yellow, red)
  - Pin Oak (russet, bronze, red)
  - Red Maple (red)
  - Red Oak (yellow, brown, red)
  - Scarlet Oak (scarlet)
  - Sweetgum (yellow, purple, red)

- 2. CONSERVATORY GARDEN**  
East Side from 104th to 106th Street
- Crabapple (reddish-orange)
  - Star Magnolia (yellow, bronze)
  - Stewartia (orange, red, purple)

- 3. THE POOL**  
West Side from 100th to 103rd Street
- Bald Cypress (bronze, yellow)
  - Hickory (yellow)
  - Red Maple (red)
  - Sugar Maple (orange, yellow, red)
  - Sweetgum (yellow, purple, red)
  - Tupelo (orange, scarlet)

- 4. NORTH MEADOW**  
Mid-Park from 97th to 102nd Street
- Flowering Dogwood (maroon, purple)
  - Hickory (yellow)
  - Sugar Maple (orange, yellow, red)

- 5. RESERVOIR**  
Mid-Park from 85th to 96th Street
- Kwanzan Cherry (bronze, red) - west side
  - Yoshino Cherry (yellow) - east side

- 6. THE RAMBLE**  
Mid-Park from 73rd to 79th Street
- Black Cherry (yellow, red)
  - Hickory (yellow)
  - Pin Oak (russet, bronze, red)
  - Red Maple (red)
  - Red Oak (yellow, brown, red)
  - Sassafras (purple, red)
  - Sweetgum (yellow, purple, red)
  - Tupelo (orange, scarlet)

- 7. THE MALL**  
Mid-Park from 66th to 72nd Street
- American Elm (yellow)

- 8. HALLETT NATURE SANCTUARY AND THE POND**  
Central Park South between Fifth and Sixth Avenues
- Black Cherry (yellow, red)
  - Ginkgo (yellow)
  - Gray Birch (yellow)
  - Hickory (yellow)
  - Pin Oak (russet, bronze, red)
  - Sawtooth Oak (yellow, golden brown)
  - Tupelo (orange, scarlet)



In the fall, many of Central Park's roughly 18,000 trees transform into vibrant shades of yellow, orange, red, and more. Use this handy map to find the most colorful foliage in the Park this season.